





**Healthy food.
Successful students.**
Food & Nutrition Services

San Diego Unified School District

The **2ND** largest school district in
California

We serve over **240** sites in San Diego
– that makes us San Diego's largest
restaurant chain!

Each day, we serve more than **130,000**
meals combined – breakfast, lunch, snack
and supper

That's more than **24 MILLION** meals
per year!





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School Meals Matter

Shaping the **next**
generation of
customers



Creating **lifelong**
healthy eating
habits



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Our School Meals

- Students are required to take $\frac{1}{2}$ **cup fruit or vegetable** with each meal
- We provide a **variety** of fruits and vegetables





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Salad Bars at Schools



More than 400 salad bars
throughout the district

Salad bars are the main vehicle of getting
fresh fruits and vegetables to the students

Allows students to **make their own
healthy choices**





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Let's Move Salad Bars to Schools!

Thanks to the United Fresh
Start Foundation and the Salad
Bars to Schools initiative for the
58 donated salad bars!





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Farm to School Program

- 1.) Local Procurement
- 2.) Garden to Café
- 3.) Nutrition Education





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Local Procurement Our Farm Partners



Sahu Subtropicals

Persimmons, Kumquats



Kingsburg Orchards

Stone Fruits



Stehly Farms

Avocados, Oranges



**Mountain Meadow
Mushrooms**

Crimini Mushrooms



Go Green Agriculture

Spinach, Dino Kale



Sunrise Farms

Oranges, Minneolas



Wolff Ranch

Minneola Tangelos



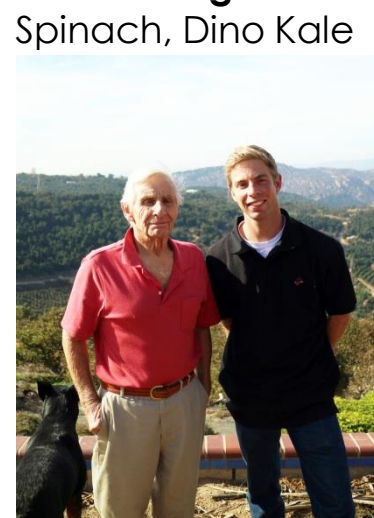
Suzie's Farm

Radishes,
Kabucha Squash



Old Grove Orange

Grapes, Oranges



San Gabriel Ranch

Guavas



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Dollars Spent on Produce

\$3.5 million spent annually on produce

Each school year we purchased:

\$800,000 from San Diego

\$1,500,000 from Southern CA Region

\$1,200,000 million from CA





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Dollars Spent on Produce

Example: Oranges

More than **\$33,000** spent monthly on oranges

On average we purchase **1,300** cases of oranges per month

There are approximately **88** oranges to a case

We sectionize the oranges giving us about **950,000** orange wedges for kids to eat



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Garden to Café

Garden grown
produce as part of
the school meal
program

Currently have
24
school sites certified

Served on salad
bars and sold at
youth garden
stands





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Nutrition Education



Elementary Students

Eat a Rainbow



Secondary Students

Healthy Eating Plate
Processed vs. Unprocessed
Foods





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Marketing Fresh, Healthy Options to Students

Truck Wraps



**Wednesday's Harvest:
Organic Kumquats**

Farm: Sahu Subtropicals

Farmers: Ron and Kathy Sahu

Location: Rainbow, CA

Farm Size: 60 acres

Farm Age: started in 2009

Main Crops: Tropical fruits!

Growing Style: Certified Organic

How to eat a Kumquat:
Eat the whole thing, don't peel it! The peel is actually sweet and the fruit inside is very sour. Farmer Ron says the best way to eat a kumquat is to take your time: roll the fruit between your hands, and then chew the whole fruit in your mouth slowly. Enjoy the intense flavors!

Marketing Signage & Promo Materials



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Marketing Fresh, Healthy Options to Students

[Harvest of the Month Videos](#)

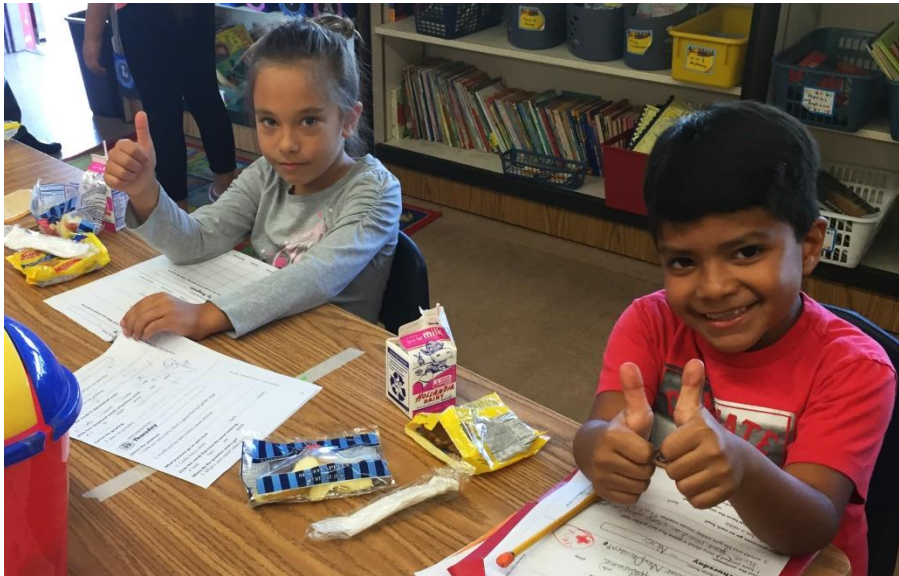




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Our Needs

Fresh fruit for
school **breakfast**
programs



Breakfast in the Classroom
and
Nutrition Break



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More Information & Connections:



WEBSITE

www.sandiegounified.org/food



San Diego Unified Farm to School



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Farm to School - San Diego Unified



schools.mealviewer.com